



# NO-SEW SEWING CIRCLE

## WRAP A PATIENT IN LOVE

The Valley Hospital Auxiliary Central Board would like your support for an ongoing new project! Join the **No-Sew Sewing Circle** and create a warm, cuddly fleece blanket. NO sewing skills required—just your time, talent and support.

This project, initiated by the Franklin Lakes Branch, will provide patients at The Valley Hospital with a loving hand-made gift from Auxiliary members.



The project is easy and can be completed at an Auxiliary meeting or at home.

- ✓ Individual members assemble and complete a two-sided fleece throw.
- ✓ No sewing necessary—assembly requires cutting fabric and tying knots to join the four sides.
- ✓ Detailed instructions will be provided. Barbara Mills (Co-Chair, Franklin Lakes Branch) is willing to help you get started or lead a group.
- ✓ Approximate cost for each blanket is \$15-20 depending on number of yards of fabric and sale price at time of purchase. Recommended yardage is 1½ yards for each piece; two pieces are needed for each blanket. Joann Fabrics has best selection.

Don't have the time but want to contribute? Your donation of \$15 or more will cover the expense of purchasing fabric and enable the **No-Sew Sewing Circle** to grow.



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- I would like more information for my branch to participate.
  - Please sign me up as an individual to make a blanket.
  - I am unable to participate at this time, but please accept my tax-deductible donation of \$\_\_\_\_\_ to assist the program.

Name \_\_\_\_\_

Branch \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_



Return to Bonnie Dalal, Auxiliary Coordinator  
The Valley Hospital, 4 Health Plaza, Paramus NJ 07652  
or email Bonnie at [bdalal@valleyhealth.com](mailto:bdalal@valleyhealth.com) with your information.